

Living in the Third Dimension

with its Holes and Miracles

We are sensitized to a world that has length, width, and height. It takes time to go from one place to another. Our senses of sight, hearing, smell, touch, and taste tell us how to negotiate space. If we put a table in the middle of a room, we will run into it if we forget we put it there. If we remove the table and then try to set a cup of coffee on it, the cup falls to the floor. If we put money in a bank, it stays there until we take it out. If we don't have money in the bank, we can't take anything out. These are the laws of the third dimension, of material manifestation. What is is, until we change it, or until it is changed by others who also live in the third dimension. There is a lot of plodding, a lot of doing our best and making sure resources are there to use later. Time holds the framework of the third dimension and the manifestation of our physical bodies. And, time moves.

Nature also is a material manifestation in the third dimension. Like people, however, it has more properties than what our five common senses can process. One dusk, while I was in the desert, I could not believe my eyes. While the physical bodies of the cacti stayed in one place that provided them with a framework, I saw their life, astral, or etherical bodies—I don't know which it was—walk around and gather together. Quite a sight that was.

Our eyes are created to pick up certain bandwidths that we see as visible. Ears pick up the bandwidth used to perceive what is audible. Other senses pick up on their part of the material spectrum and translate those vibrations into sensations. To see things move that also are standing still requires a kind of vision that has a broader range than the normal material eyes perceive.

The good and fun part of the third dimension is that it almost, by itself, holds things in place and keeps things going. We don't have to re-create our shoes every morning, nor will our beds have disappeared before evening. I find that quite comforting. We usually wake up in the place where we went to sleep, instead of arising in another place, or, by accident, in another time.

The scary part of the third dimension is that without food and shelter, our bodies perish. The third dimension provides a stable pattern, containing the emotions of nice people, but it also holds the fearful

emotions of loss, abuse, and pain. In the same way, the third dimension holds a table in the middle of the room until we move it or set it on fire. Through good judgment, we learn that it is quite messy and negative when we use fire to move a table out of a room. These are the life lessons of the third dimension.

The mystery of the third dimension is that we are born into it and our bodies die out of it. This can be quite creepy, considering third-dimensional reality has holes in it.

All of us live in other dimensions, which we visit during the sleep state. Up until this day and age, we have tried to deny these holes by calling them God, or Love, or Sin, or Fate, or Fantasy, and not admitting they are real. Asking questions and studying the holes has been considered a major threat to consensus reality, which is the fabric of the third dimension. Fortunately, consensus reality is changing.

In the past, listening to music through a tiny device would have been considered magic or witchcraft. Now it is considered real. It is accomplished by taking information out of time and plopping it back into time.

We plop into time when we are born and plop out of time when we die. When things plop out of time, moving into another dimension, and then back into the third dimension, we are speaking of multi-dimensionality.

If we were aware of our spiritual and multidimensional nature, we could recognize the force that creates our temporal human bodies and our temporal individuality.

Shamans, miracle workers, healers, and spiritual Masters like Jesus have always been able to plop a manifestation into the third dimension. We call them miracles because they defy the laws of the third dimension. Jesus, however, said we could do what he could do and more. This means we can pull manifestations to ourselves through the holes, or we can push manifestations, such as pain and suffering, out of physical reality, transforming them into energetic packages that can be used in other ways.

During these changing times, we are calling more and more information into manifestation. This makes the third dimension less sturdy. Much of what exists in this dimension is not being created

anymore by what we can see, feel, hear, taste, or sense, and defies the laws of logic and causality. Our linear timelines are being penetrated by miracles.

We still attempt to ignore these miracles and how they defy physical laws. Our conditioned thinking wants us to recognize the third dimension as the only true reality, with its linear timeline from birth to death. This leads us to believe that only physical manifestations are real. This is comparable with only believing in music when it is audible and forgetting the power we have to turn on the DVD or Ipod.

Time provides the boundaries for the third dimension. When we dream at night, we can live an entire lifetime within three seconds, die and be reborn, and visit places and people that are unreachable during the day. During our "waking" hours, the only way to consciously step into other dimensions is by standing right in front of the boundary of time, which is the NOW. Just by being in the NOW, multidimensional realities are instantaneously available. We will not recognize it, however, with only third-dimensional awareness. At first, it will feel like a void or emptiness. With patience, this will be followed by a deep inner knowing of Love and Light and a peace that surpasses understanding. This feeling is okay because all human beings know it, but few remember. After this, and through this, much teaching and learning can happen.

We have learned to anchor ourselves in the third dimension and we interpret what is going on from that perspective. Many light workers, for instance, are working their butts off on the multidimensional levels, yet beat up on themselves with third-dimensional fervor because their bodies are hurting and they don't have a flowering practice. Becoming aware of the different dimensions requires a totally new way of interpreting and manifesting. The shift we are experiencing seems to push us in a direction of creating new physical bodies and a new earth while paying the bills at the same time. By acknowledging the "rules" of the third dimension and the sprouting awareness of multidimensional realities, many preconceived notions of good, bad, and useful are changing.

The interpretations of the third dimension do not work anymore. Flying around in the multi-verses and being spaced out doesn't work either. The only anchor we have is found in the NOW, learning new skills. We are part of creation and thus are creators and creatrixes. What are our desires? Even more important, what are our goals and intentions? How fulfilling are they when we get them? When I was a girl, I wanted soft,

shimmering ballet shoes. I never got them. I still want some. I can easily buy them now, but I don't like them anymore. The enchanted yearning still lives, though, but what is the subject? We so often try to fulfill dreams of the past and are so deeply disappointed when they are available and don't mean much to us anymore.

The Queen in *Alice in Wonderland* says, "I always imagine seven impossible things before breakfast." That probably is what we need to do, living in a dimension that doesn't really exist anymore. We are dreaming a new reality into existence. Who would have thought that millions of people would read *A New Earth* by Eckhart Tolle and watch the movies, *What the Bleep do We Know* and *The Secret*? Let's pull, through the holes of the third dimension, healthy water and food for women and children; multitudes of loving, strong peace warriors; and a big bunch of celestial humor. Let's spray our yards with fear killers instead of weed killers. It's crazy, and it's not yet over. We are just waking up out of a long dream.

Mica

May 2009

© *Mica M. Renes*

If you would like to do some work in accessing what you know to be true, connect with your soul purpose, and process the new information, please contact me through my offices in Florence or Cincinnati, or through phone and email consultations. Of course, there are many others who can support you.

*Mica M. Renes, N.D.
106 Wellington Place
Cincinnati, OH 45219*

*Rosebrook Art Center
221 Main Street
Florence KY 41042*

*Phone (513) 665-9015
Email: mica@micarenes.com
www.micarenes.com*

This email is excluded from any and all copyrights, so long as sent in its entirety.

To Unsubscribe to this newsletter please respond to this email with UNSUBSCRIBE in the subject heading.